I. Intro
II. Foundations
   A. Who are we?
   B. What is marriage?
   C. Relating together
III. Application
   A. Communication
   B. Physical
   C. Leading & submitting
   D. Misc Loose Ends

Nampa Bible Church Home Groups
Marital Methods Applied Part 2: Physical

This lesson is the most likely to make you squirm and keep your mouth shut. The topic of sex and physical contact is extremely uncomfortable to most Christians and yet it is vital that it be understood Biblically. With that in mind let's examine how we can honor our spouse and our God in the realm of physical love.

1) Why do you think most Christians are uncomfortable talking about, or even hearing the word, sex? Is this discomfort right or wrong or neutral?

2) Define non-sexual touch. What role does non-sexual touch play in a marriage relationship? How does non-sexual touch affect sex?

3) Is non-sexual touch with someone other than your spouse wrong? Where do you draw the line?

4) What is God's plan for sex in our lives?

5) What are some commands revolving around sex? Is sex a requirement for married believers?

6) What are some factors affecting the desire for sex? How do we control these factors in a way that honors our spouse and our God?

The goal of our marriages should be to honor God *and* to honor our spouse so that *they* can honor God. We should strive to enhance our spouse's glory so they can live out the glory of God.